

Boys' Health Rocks!

Empowering Boys through the Teen Years Health Conference



Saturday, October 19, 2019

**8:30 a.m. – 12:30 p.m., Conference Room B-1
Kaiser Permanente Baldwin Park Medical Center
1011 Baldwin Park Blvd., Baldwin Park**

If you're a teen boy, between the ages of 13-18, you're invited to join us for a FREE health conference offering a variety of topics on your changing body. Topics include:

- Natural Changes (physical & hormonal) - Sports Injuries - Healthy Skin
 - Sexually Transmitted Diseases (STDs) - Eating & Exercise - Smoking/Vaping Advice
 - Teen Dating & Violence Prevention - Mental Wellness - Health, Mind & Body
 - Bullying, Cyberbullying, Social Media & Sexting
- FREE breakfast and cool prizes for youth**

A parent session will be available at the same time for any parent interested in learning the tools to partner in the health of their son.

Open to Kaiser Permanente members and the community. Space is limited.
Teen vaccines including HPV will be available for all Kaiser Permanente members.
Flu vaccine will be available for Kaiser Permanente members and the community.

**REGISTER to attend this conference by calling
Kaiser Permanente Health Talks
(626) 851-7763**